

ORIGINS BEHAVIORAL HEALTHCARE

2021 Retrospective
Outcomes Study

September 2021



ORIGINS
BEHAVIORAL HEALTHCARE



OUR MISSION LEADS TO REAL RESULTS

Our outcomes demonstrate that healing is possible. We independently surveyed three years' worth of our alumni, and the findings confirmed what we have observed for years—that Origins' treatment works.

“**We exist to provide a clear path to a life of healing and restoration.**

BACKGROUND

RESEARCH TEAM:

John Dyben, DHSc, Origins Behavioral HealthCare

Megan Davidson, PhD, OMNI Institute

Jason Wheeler, PhD, OMNI Institute

“The OMNI Institute is a 501c(3) nonprofit social science consultancy that accelerates positive social change by supporting the public, nonprofit, and philanthropic sectors with integrated research and evaluation, capacity building, and data utilization services.”
(www.omni.org)

For this study, Origins partnered with the OMNI Institute, which provided consultation and external oversight to the design, implementation, and reporting of results. OMNI Institute previously worked with the National Association of Addiction Treatment Providers (NAATP) to complete a multi-program outcomes study, and they were instrumental in the design of the NAATP Outcomes Measurement Toolkit. We are grateful for their guidance and oversight of this project.

PARTICIPANTS DEMOGRAPHICS

75–84 | 3%

65–74 | 11%

55–64 | 24%

45–54 | 21%

35–44 | 20%

25–34 | 17%

18–24 | 3%

Most participants
were between **25**
and **74 years** of age

*Percentages were rounded
and may not total 100%

PARTICIPANT TREATMENT EXPERIENCE

The majority of participants had been out of treatment for **over 6 months**

MORE THAN 2 YEARS 44%

19 TO 24 MONTHS 5%

13 TO 18 MONTHS 9%

10 TO 12 MONTHS 3%

7 TO 9 MONTHS 4%

4 TO 6 MONTHS 7%

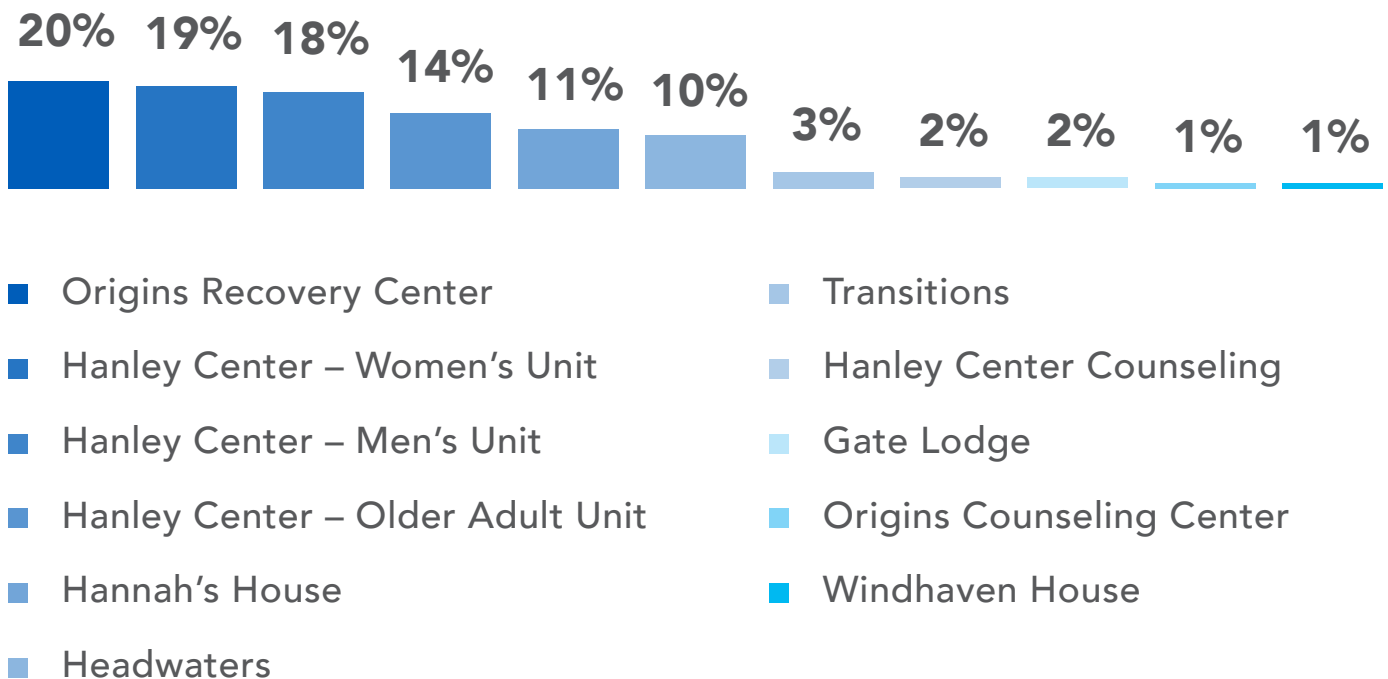
1 TO 3 MONTHS 23%

LESS THAN ONE MONTH 3%

*Percentages were rounded and may not total 100%

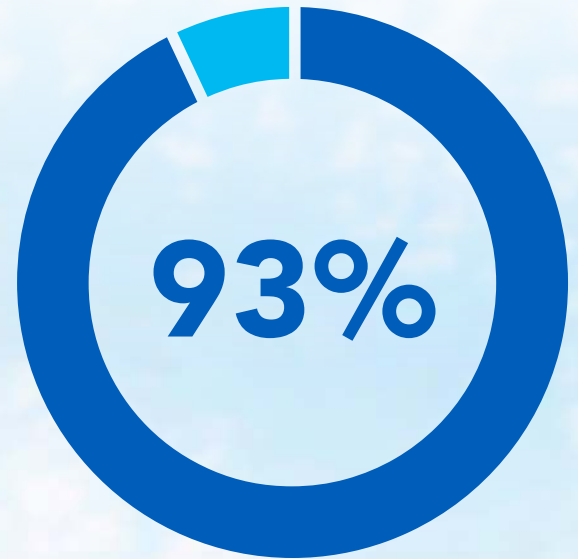
PARTICIPANT TREATMENT EXPERIENCE

Our survey included participants from **all programs**



*Percentages were rounded and may not total 100%

PARTICIPANT TREATMENT EXPERIENCE



Across all programs,
93% of participants
reported **completing
treatment in full**

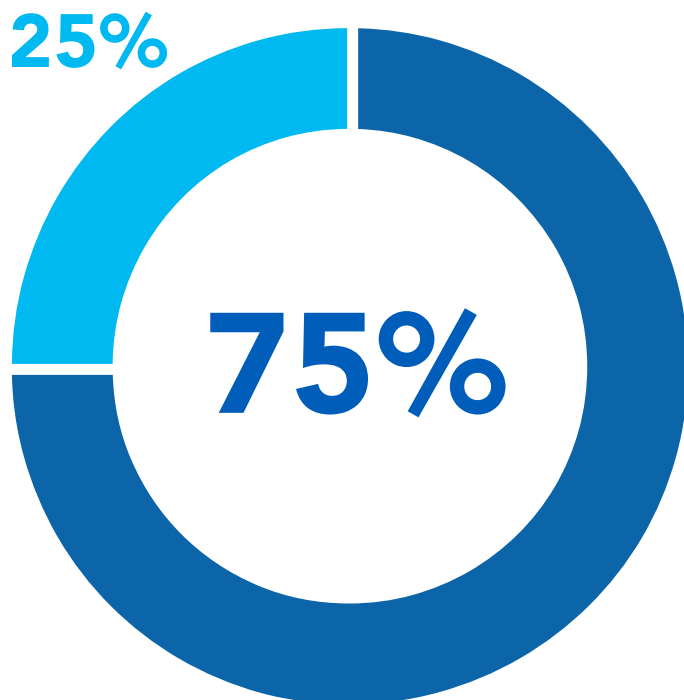
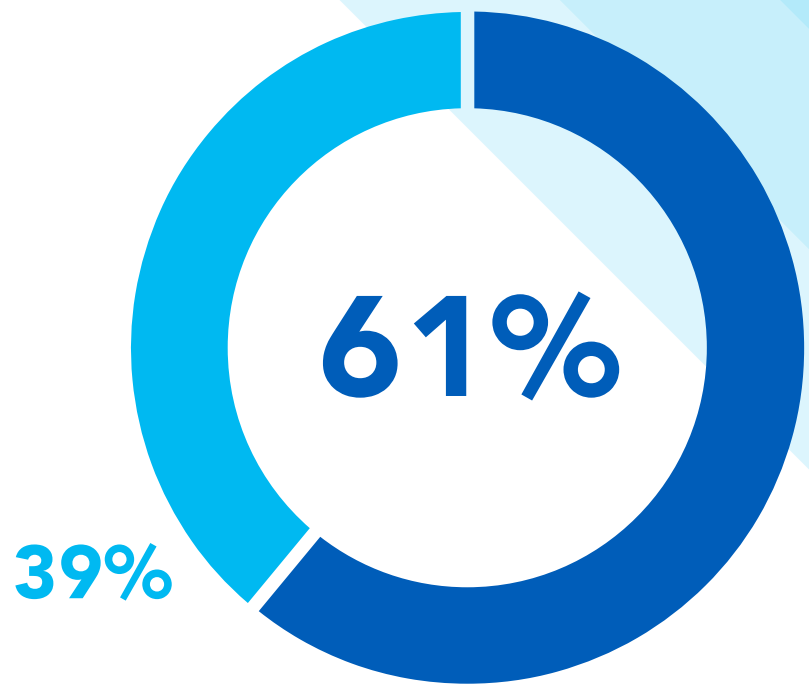


A foundation to pursue a happy life was provided to me at Origins. For that reason, it will always be a place that I hold near and dear to my heart.

EDWARD

PARTICIPANT TREATMENT EXPERIENCE

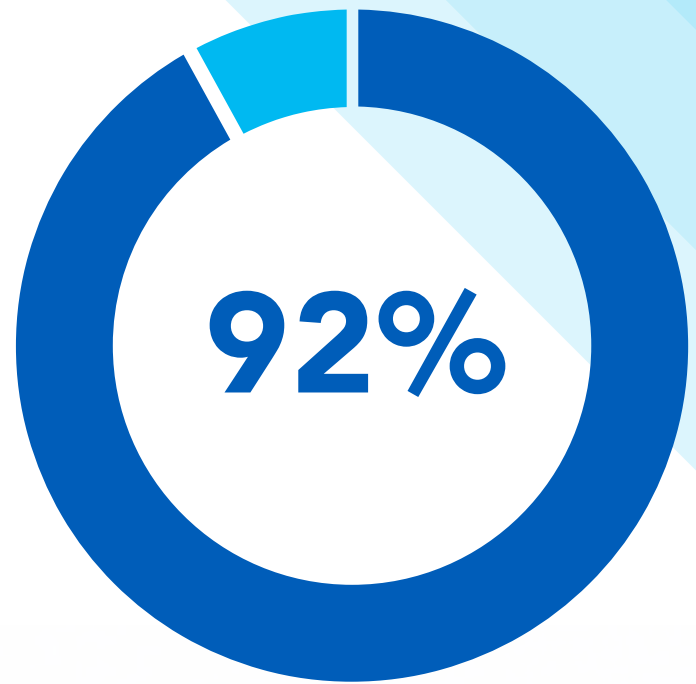
Most (**61%**) had family members participate in the family program



Most (**75%**) followed all treatment recommendations

PARTICIPANT TREATMENT EXPERIENCE

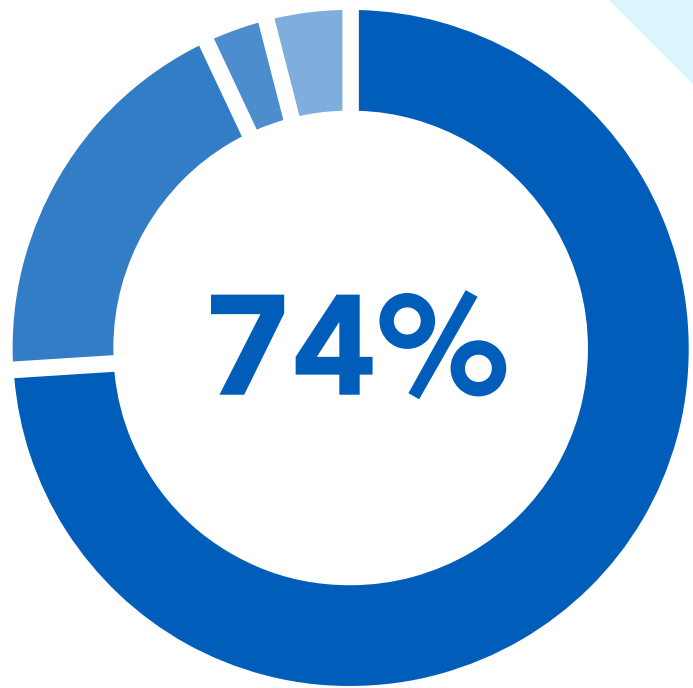
Overall, **92%**
of participants
describe Origins'
treatment
components
as **helpful**



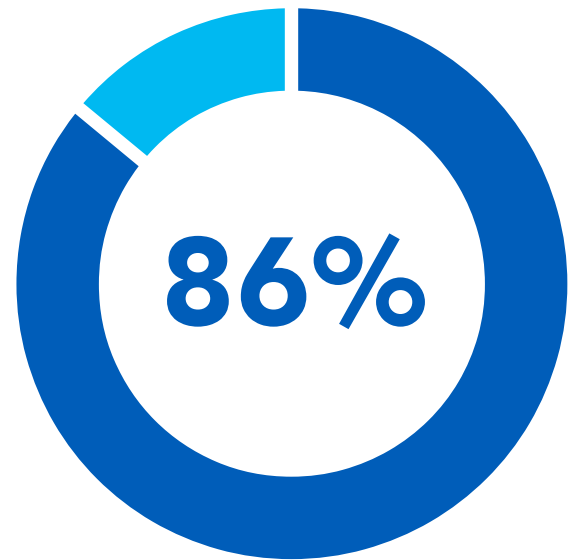
PARTICIPANT TREATMENT OUTCOMES

Most participants
(**74%**) reported being
**abstinent from all
substances since
leaving treatment**

- Abstinent - I have not used any substances since leaving treatment: 74%
- Using - less than when I went to treatment: 19%
- Using - same as when I went to treatment: 3%
- Using - more than when I went to treatment: 4%



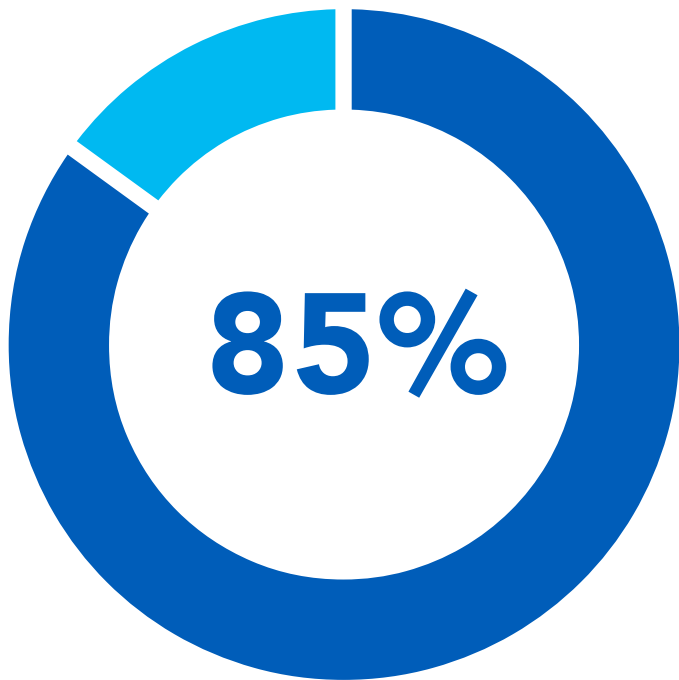
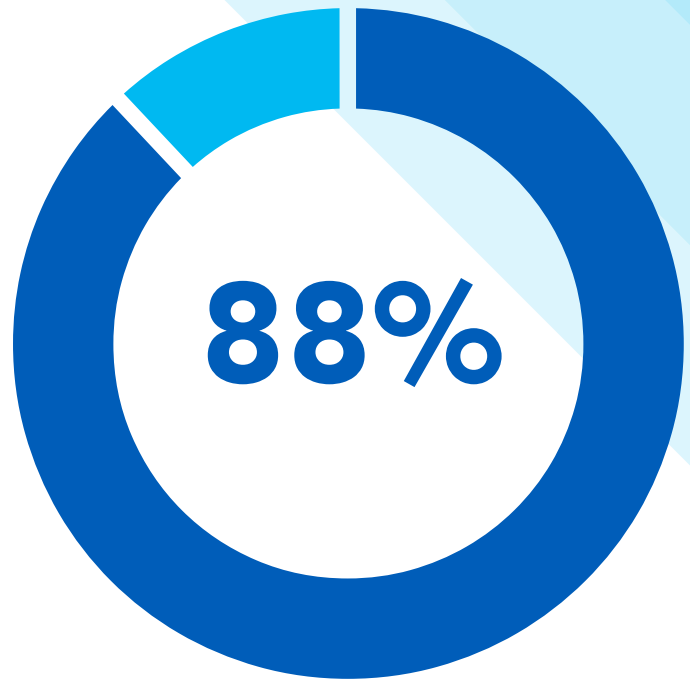
PARTICIPANT TREATMENT OUTCOMES



Since their last treatment experience, **86%** of participants reported **not returning to treatment due to relapse**

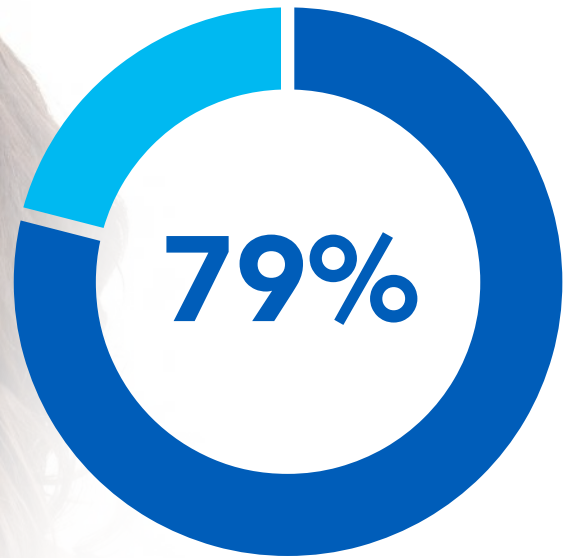
PARTICIPANT TREATMENT OUTCOMES

88% said their overall **quality of life had improved** since treatment



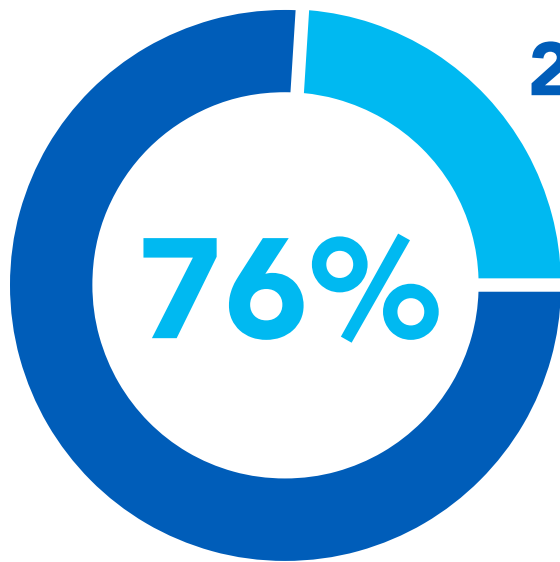
85% said the **relationships** with the people most important to them **had improved**

PARTICIPANT TREATMENT OUTCOMES



79% said their **physical health had improved** since treatment

PARTICIPANT TREATMENT: CONTINUING CARE

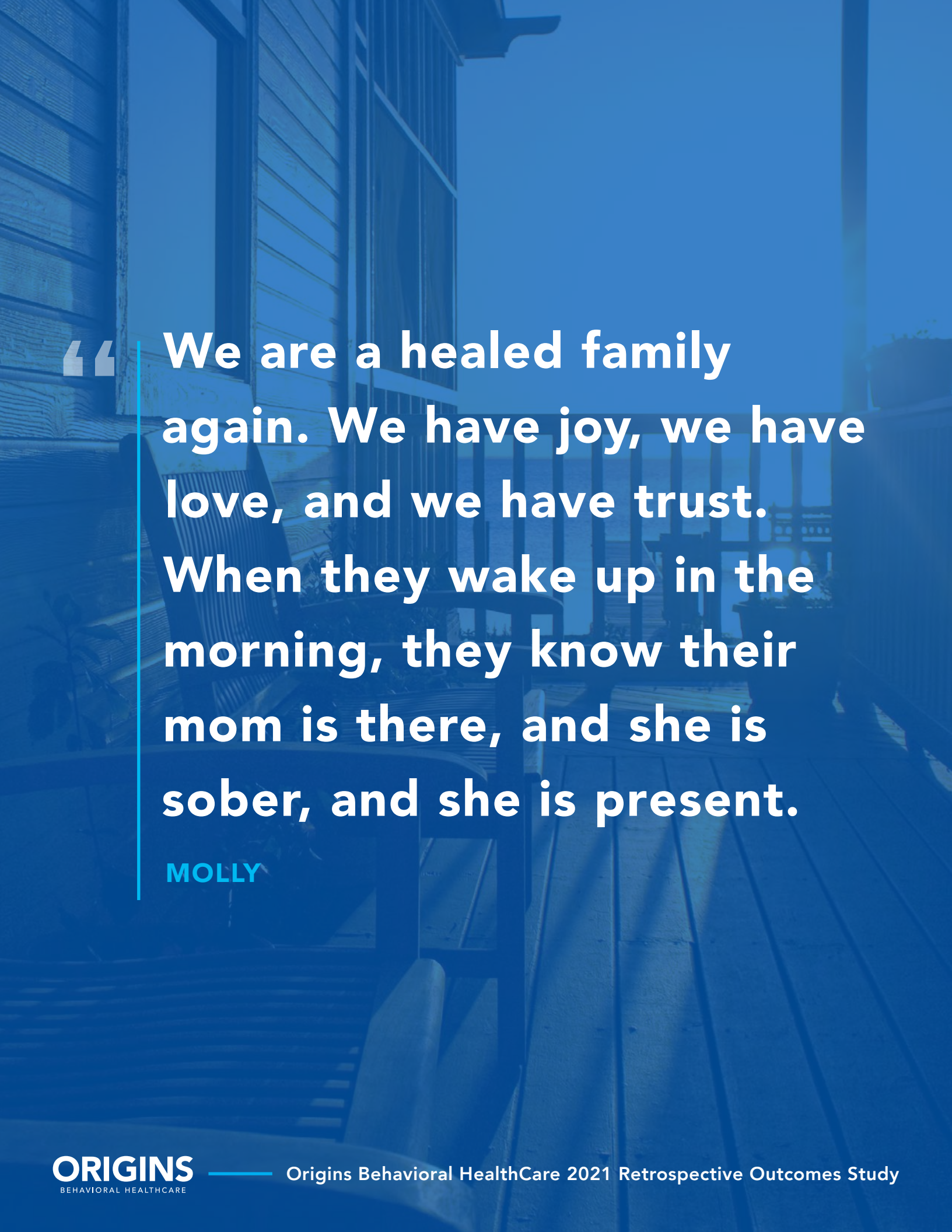


24%

The majority of participants **attended** recovery support meetings **over the last 30 days**

“ I’ve become a daughter, a sister, an aunt. I got to stand next to my sister as she got married. I work a program. I have a sponsor. And I help others.

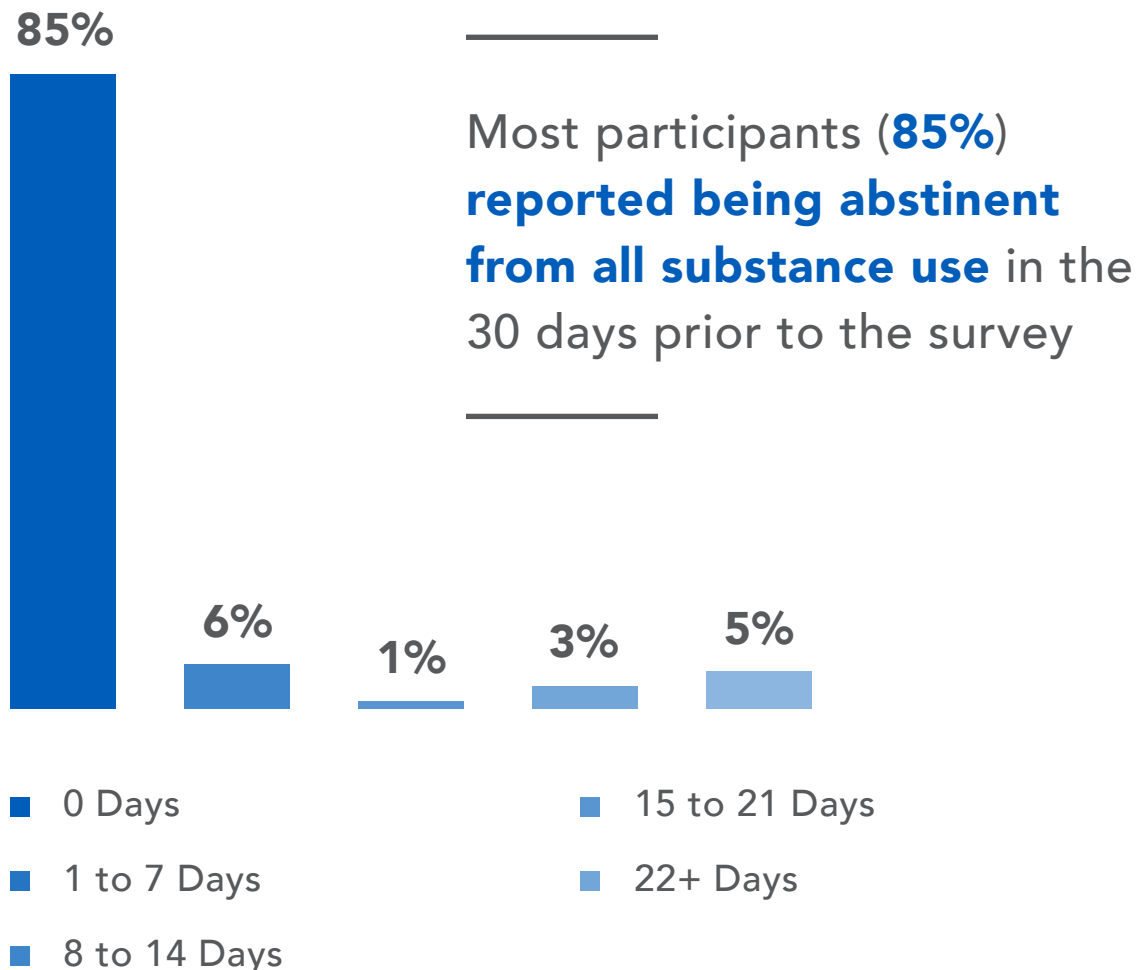
ANGEL



“ We are a healed family again. We have joy, we have love, and we have trust. When they wake up in the morning, they know their mom is there, and she is sober, and she is present.

MOLLY

PARTICIPANT TREATMENT OUTCOMES



“ Those who reported abstinence in past the 30 days also reported better physical health, improvement in their important relationships, and overall quality of life compared to those who reported using.

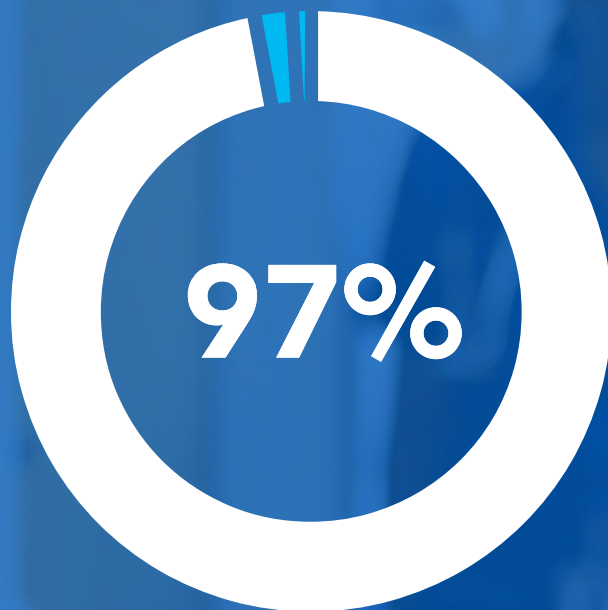
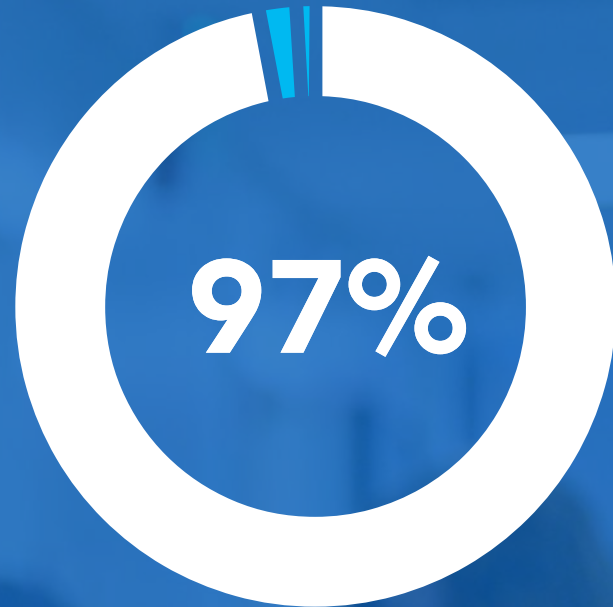
PARTICIPANT TREATMENT OUTCOMES

97% reported no visits to the hospital or ER in the last 30 days

0 Incidents: 97%

1 Incident: 2%

2+ Incidents: 1%



97% of participants reported having no incidents with law enforcement in the last 30 days

0 Incidents: 97%

1 Incident: 2%

2+ Incidents: 1%

OUTCOMES STUDY DESIGN

- ★ Study used self-report data collected from electronic surveys.
- ★ **Emailed unique invitations to all 2017-2021 alumni for whom we had valid email addresses (final N=2553).**
- ★ Incentive to optionally enter drawing for one of thirty \$20 Amazon gift cards (opted in final N=296 [269 valid entries (71%)]).
- ★ Invitations were sent to alumni through email, and they were asked to complete the survey and informed that their answers would remain confidential.
- ★ **Consent received in the first question and required to complete the survey.**
- ★ [Six] reminder emails sent during the month to unfinished respondents.

RESPONSE RATES AND STATISTICAL SIGNIFICANCE

- ★ After sorting out duplicate emails, the alumni list contained 2817 email addresses. The survey was sent via email to the list and 264 emails were marked as “bounced” in Qualtrics meaning they were rejected and unable to reach any recipient. This left us with a final N=2553.
- ★ **439 people started the survey. 380 people completed the survey to the end.**
- ★ Individual questions were not set as “force answer” and individual question responses were completed in the range of [363-439].
- ★ **Overall response rate of 17% and individual question response rates in the range of 13% to 18%.**

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